

L-Methylfolate 1mg + Methylcobalamin I.P. 1500mcg + Pyridoxal-5 Phosphate 0.5mg + Lycopene (6%) U.S.P. 10000mcg + Calcium Citrate Malate 500mg + Calcitriol I.P. 0.25mcg + Omega-3 Fatty Acids Contains B.P. Eicosapentaenoic Acid 180mg & Docosahexaenoic Acid 120mg + Magnesium Sulphate I.P. 50mg

Calostyle Strong Softgel

L-Methylfolate (1mg) + Methylcobalamin I.P. (1500mcg) + Pyridoxal-5-Phosphate (0.5mg) + Lycopene (6%) U.S.P. (10000mcg) + Calcium Citrate Malate (500mg) + Calcitriol I.P. (0.25mcg) + Omega-3 Fatty Acids (Eicosapentaenoic Acid 180mg, Docosahexaenoic Acid 120mg) + Magnesium Sulphate I.P. (50mg) Softgel: Information Guide

Description

This advanced softgel formulation combines essential vitamins, minerals, antioxidants, and omega-3 fatty acids to support bone health, neurological function, cardiovascular health, and overall well-being. It is specially designed to address nutritional deficiencies and support optimal health in adults.

Composition and Role of Each Ingredient

1. L-Methylfolate (1mg):

- Active form of folate essential for DNA synthesis, red blood cell production, and homocysteine regulation.
- Supports brain health and reduces the risk of neural tube defects during pregnancy.

2. Methylcobalamin I.P. (1500mcg):

- Active form of vitamin B12, critical for nerve function, red blood cell formation, and DNA synthesis.

- Helps manage neurological disorders and peripheral neuropathy.

3. Pyridoxal-5-Phosphate (0.5mg):

- Active form of vitamin B6, vital for protein metabolism, neurotransmitter synthesis, and homocysteine regulation.
- Supports brain function and immune health.

4. Lycopene (6%) U.S.P. (10000mcg):

- A potent antioxidant that protects cells from oxidative stress and reduces inflammation.
- Promotes heart health and may reduce the risk of certain cancers.

5. Calcium Citrate Malate (500mg):

- A highly absorbable form of calcium essential for bone strength, muscle function, and nerve transmission.
- Prevents osteoporosis and supports bone mineral density.

6. Calcitriol I.P. (0.25mcg):

- Active form of vitamin D3 that enhances calcium and phosphorus absorption.
- Promotes bone and dental health while supporting immune function.

7. Omega-3 Fatty Acids:

- Eicosapentaenoic Acid (EPA 180mg) and Docosahexaenoic Acid (DHA 120mg):
 - Essential fatty acids that support heart health, reduce inflammation,

and enhance brain and eye function.

8. Magnesium Sulphate I.P. (50mg):

- A mineral crucial for energy production, muscle relaxation, and maintaining bone structure.
- Helps regulate nerve function and prevent cramps.

- Hypersensitivity to any component of the formulation.
- Hypercalcemia, hypervitaminosis D, or severe kidney dysfunction (consult a healthcare provider).

Indications

This softgel is beneficial for:

- Supporting bone health and preventing osteoporosis.
- Managing vitamin B12 and folate deficiencies.
- Reducing homocysteine levels to support cardiovascular health.
- Enhancing neurological and cognitive function.
- Boosting immunity and reducing oxidative stress.
- Supporting joint health and reducing inflammation.
- Improving skin, hair, and overall vitality.

Warnings and Precautions

- Use under medical supervision, especially in individuals with chronic conditions or those on concurrent medication.
- Pregnant and lactating women should consult their doctor before use.
- Avoid excessive supplementation of other vitamins or minerals alongside this product.

Adverse Effects

- **Common:** Mild gastrointestinal discomfort or nausea.
- **Rare:** Allergic reactions like rash, itching, or swelling (discontinue use and seek medical advice).

Dosage and Administration

- **Recommended Dose:** One softgel daily or as directed by a healthcare professional.
- **Route:** Oral, preferably with a meal for better absorption.

Storage

- Store in a cool, dry place below 25°C.
- Protect from light and moisture.
- Keep out of reach of children.

Contraindications

Key Benefits

- Combines essential nutrients for comprehensive health support.

- **Enhances bone strength and prevents fractures.**
 - **Supports heart and brain health with omega-3 fatty acids.**
 - **Provides potent antioxidants to combat free radical damage.**
 - **Promotes better absorption of calcium and magnesium for optimal bone health.**
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Note: This supplement is not intended to diagnose, treat, cure, or prevent any disease. Use it as part of a balanced diet and healthy lifestyle.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,

Panchkula-134113

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